

Strengthened By The Spirit, Part 2

No temptation has overtaken you except what is common to mankind. And **God is faithful**; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide **a way out** so that you can endure it. - **1 Corinthians 10:13 (NIV)**

HOW TO REGULARLY FEED YOUR SPIRIT

1. Feed Your Spirit With _____

“Watch **and pray** so that you will not **fall into temptation**. The spirit is willing, but the flesh is weak.” - **Matthew 26:41 (NIV)**

2. Feed Your Spirit With _____

“How can a young person stay on the path of purity? By living **according to your word**. I seek you with all my heart; do not let me stray from your commands. I have **hidden your word in my heart** that **I might not sin against you**.” - **Psalms 119:9-11 (NIV)**

3. Feed Your Spirit With _____

Do not be misled: “Bad company corrupts good character.” Come back to your senses as you ought, and **stop sinning**.

- **1 Corinthians 15:33-34 (NIV)**

- Which one of the above do you need to focus on the most in order to feed and strengthen your spirit?
